

Adderbury & Bodicote

Walk details correct at 12 October 2023

Approx. 5.2 miles

Directions

Walk starts at the Red Lion, Adderbury. Post code for satnav is OX17 3NG. There is a car park through the arch, or park in the layby in front of the pub or around the village green across the road from the pub. Approx 30 mins, 17 miles.

Terrainology

Most of walk is on paths, good tracks and canal towpath. The canal towpath is narrow in places and could be muddy in places. There are three fields to cross, which have paths whether firm or muddy depends on recent weather & farming activity.

Stileometer

Reads 2 & ½ for this walk.

Inclineometrics

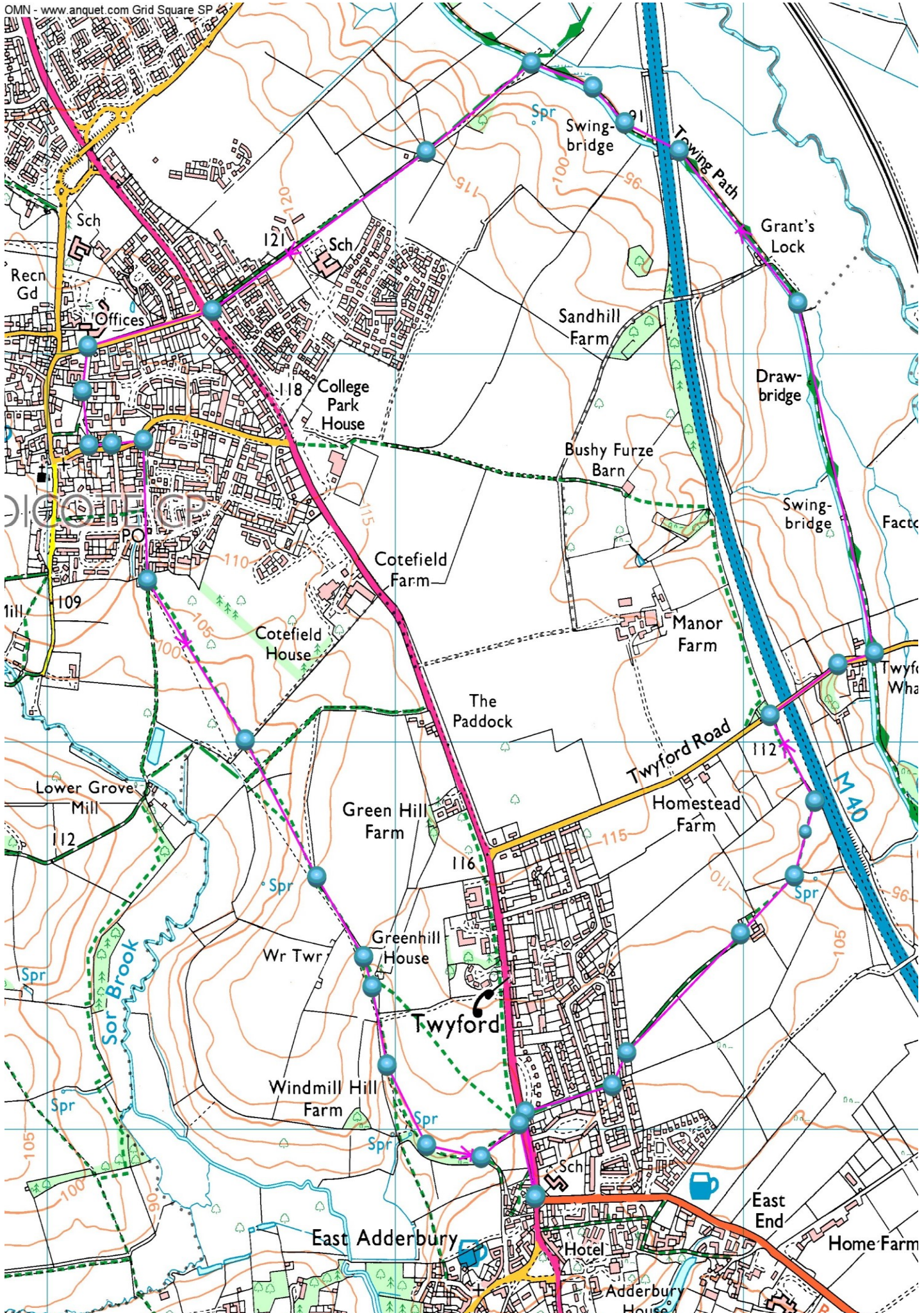
Maximum height change over entire walk is approx 290ft. To reduce the 'ups' the walk was in reverse (ie clockwise) to that rec'd and as recorded below. This leaves one steepish bit, up a road, approx 75ft over 1/10th of a mile. The directions below are for the counter clockwise walk.

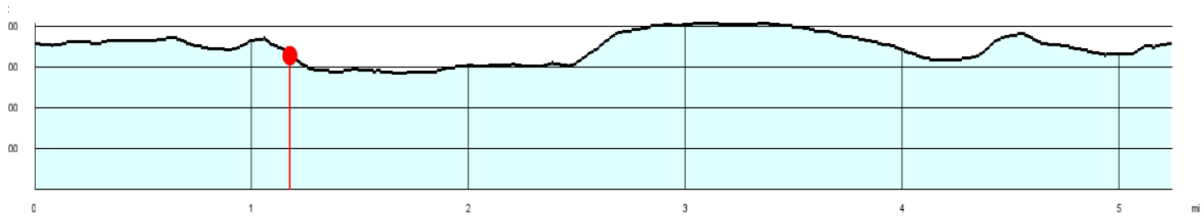
Dining arrangements

The Red Lion, Adderbury, OX17 3NG

<https://www.greeneking.co.uk/pubs/oxfordshire/red-lion/menu> where the food menu can be viewed.

Starting loos should be available as the pub is also a hotel & so opens early.





1. Depending on where parked, head along the main road to the traffic lights in the direction of Banbury.
2. Straight across traffic lights.
3. Turn right into Kemp's Road (there is a footpath sign)
4. Continue forward at end of road onto footpath.
5. Cross road
6. At next road turn left and then turn right at footpath sign.
7. Follow track towards farm buildings.
8. Turn left at footpath sign just before entrance into farmyard.
9. Keep building on right & turn right at end of barn
10. Go through double gate.
11. Follow path downhill.
12. Go through gate, then through hedge on the left just past large tree.
13. Go uphill towards corner of field.
14. Go over stile in corner of field, follow track with hedge to right.
15. Go over stile to the right of barn.
16. Go over stile and turn right on road.
17. Over motorway and follow road downhill.
18. Over hump back bridge & turn left onto canal path (at end of path down to canal turn right – signposted to Banbury)
19. Keep on canal path – some parts of path are narrow & may be muddy depending on recent rainfall.
20. Pass 1st drawbridge
21. Pass 2nd drawbridge
22. Pass Grant's lock
23. Under motorway
24. Pass 3rd drawbridge
25. Leave canal at bridge no 172.
26. Turn left to cross over canal & go forward on track up hill
27. Go through gate, continue forward, hedge to right, houses to left.
28. Continue forward, school to left, houses to right.
29. Continue forward through double gates
30. At road, cross road and enter Broad Gap
31. Turn left into Chapel Lane.
32. Follow lane to the left (do not follow footpath on right).
33. At end of lane turn left onto road (Eastern Terrace is on right)
34. Turn right into Sideleigh Road (there is a footpath sign).
35. Continue forward between houses.
36. Cross road into Austin Lane (there is a post office on the corner).
37. Go forward onto track.
38. Just after start of track look for track on left, with a signpost for Sideleigh Lake.
39. Go through gate and follow track diagonally to the right.
40. Go through double gate.
41. Continue forward across field towards gap in hedge.
42. Go through gap in hedge.
43. Follow footpath to the right & through gap in hedge.
44. Follow track up hill.
45. Where track meets hedge, continue to right with hedge on left.

46. Go through gate.
47. Continue forward, go through gate in the corner of the field.
48. Follow track to the right.
49. As track nears houses, turn left by a post, up a small bank.
50. Follow track behind houses, to road.
51. At road turn right and follow path back into village centre.